

STAGE TWO – HISTORY AND PDHPE

First Nations Living History Hands on Rock & The Drip

UNIT OVERVIEW

This excursion visits the very special First Nations sites- Hands on Rock and The Drip. Students participate in hands-on, outdoor learning experiences to learn about First Nations culture on Country.

YINDYAMARRA – do something slowly, to respect, to be gentle, to be polite, to honour and take responsibility.

HISTORY OUTCOMES

HT2-1 Identifies celebrations and commemorations of significances in Australia and the world

HT2-2 Describes and explains how significant individuals, groups and events contributed to changes in the local community over time

HT2-5 Applies Skills of historical inquiry and communication

KEY INQUIRY QUESTIONS

- Who lived here first and how do we know?
- How has our community changed? What features have been lost and what features have been retained?
- How and why do people choose to remember significant events of the past?

CONTENT

- The importance of Country and Place to Aboriginal and /or Torres Strait Islander peoples who belong to the local area.
- The diversity and longevity of Australia's first peoples and the ways Aboriginal and/or Torres Strait Islander people are connected to Country and Place.

PDHPE OUTCOMES

PD2-3 Explains how empathy, inclusion and respect can positively influence relationships

KEY INQUIRY QUESTIONS

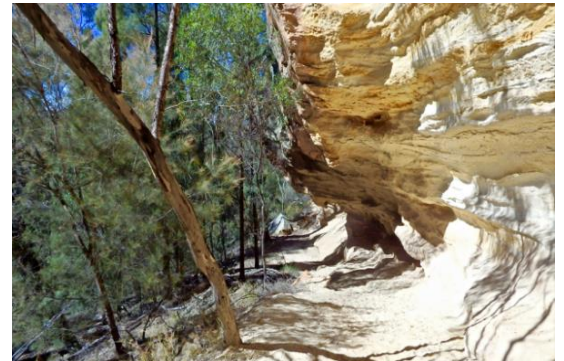
- Why are empathy, inclusion and respect important in our relationships?

CONTENT

- Investigate Aboriginal &/or Torres Strait Islander and other peoples' cultures and cultural heritages to respect and value diversity.



YINDYAMARRA



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ACKNOWLEDGEMENT OF COUNTRY - WHAT DOES THAT MEAN FOR US LIVING HERE IN WIRADJURI COUNTRY?

Students take part in an acknowledgement of Country activity showing respect to the traditional owners of this land, the Wiradjuri people. Students are introduced to *yindyamarra*– do something slowly, to respect, to be gentle, to be polite, to honour and take responsibility. Students create an art hand stencil to take home to remember the role they play in the land and its protection and serve as a reminder of the responsibilities they to continue learning and passing on what they learn.



WALK TO HANDS ON ROCK

Students enjoy a bush walk to Hands on Rock, explore the native flora of the area and learn about traditional First Nations uses. On arrival at 'Hands on Rock', students discuss the significance and why it is so special to the Wiradjuri people. Students consider why it is important to protect the area for current and future generations.



BUSH FOOD AND DAMPER COOKING

Students learn about how First Nations people have an expert knowledge of living off the land and what bush tucker means (food, water, tools and medicines). Students explore traditional First Nations hunting and farming tools/technologies and discuss the roles and nature of traditional living. Students learn how to grind seed using traditional methods and prepare and cook damper on an open fire.



THE DRIP

Students complete the scenic, 1.2km bushwalk to the Great Dripping Wall, exploring and learning about local flora, fauna and the unique geology of the area. At the conclusion of the walk, students discuss why this area would have been an ideal place for the Wiradjuri people and why it is important to protect this area for current and future generations.



For bookings or further enquiries about this program, please contact Red Hill Environmental Education Centre on 02 6374 2588 or redhill-e.school@det.nsw.edu.au.